

# MENU



Our chef, **Guillaume DRION « Maître Restaurateur »** will introduce you to a healthy and tradition-respecting French culinary experience.

## SEA FOOD

<b>Seafood Platter (price per person.)</b>	<b>52 €</b>
Oysters, live langoustines boiled in seawater, ½ spider crab or ½ crab (depending on the season), shrimp, clams, winkles, whelks	
<b>Royal Seafood Platter (price per person.)</b>	<b>72 €</b>
<i>For 2 pers. minimum - Pre-order 24h in advance</i>	
½ Breton Lobster (+/- 250g par pers.), oysters, live langoustines boiled in seawater, ½ Crab or ½ Spider crab (according to the season), Shrimps, Clams, Winkles, Whelks	

## STARTERS

<b>Oysters (size n°3) from LA GUITTIERE</b>					
6 Oysters .....	14€	9 Oysters .....	18€	12 Oysters .....	24€
<b>Live Langoustines, boiled in seawater (depending on availability)</b>					<b>27 €</b>
300g of live Langoustines of all sizes					
<b>Local Razor Clams cooked « à la Sablaise » (depending on availability)</b>					<b>18 €</b>
<b>The Local Mussels</b>					<b>18 €</b>
Mussels with fresh herbs, light saffron cream, and roasted hazelnut tiles					
<b>The Spider Crab</b>					<b>19 €</b>
Spider crab meat tartlet, confit leek maki, and vegetable mayonnaise with ginger					
<b>The Foie Gras from Maison Soulard</b>					<b>19 €</b>
Half-cooked like a lemon confit gravlax, Granny Smith bubble, and focaccia with black garlic					

## MAIN COURSES

<b>The Lean Fish from our Coasts</b>	<b>26 €</b>
Grilled lean fish fillet, gazpacho foam, and samphire condiment	
<b>The Octopus</b>	<b>26 €</b>
Tentacles of octopus cooked at low temperature then seared, smoked pepper pesto	
<b>Linguine with shellfish and crustaceans</b>	<b>26 €</b>
Grated aged Comté cheese and langoustine bisque	
<b>The Turbot</b>	<b>33 €</b>
The fillet simply roasted with herbs and hollandaise sauce	
<b>The French Veal</b>	<b>26 €</b>
Veal ribeye cooked at low temperature then seared, morel cream	
<b>French Beef Fillet 200g on the Plancha</b>	<b>28 €</b>
Served with « Maître d'hôtel » butter & homemade French fries	

All our dishes are served with seasonal vegetables of the day, depending on the market's availabilities

<b>The Sloop Burger</b>	<b>20 €</b>
Crispy chicken fillet, smoked cheddar, pickled red cabbage, and homemade sauce	

*Are you allergic? Please ask us.  
Information on allergens will be provided by the team.  
The origin of the meats on the menu can be checked at the reception.*

## CHEESE ET DESSERTS

<b>Cheese</b> Selection of mature cheeses from "BEILLEVAIRE", small salad and seasonal chutney	12 €
<b>The All Chocolate from Maison Cluizel</b> Cocoa Joconde biscuit, creamy 64% chocolate, milk and wild pepper whipped ganache	12 €
<b>The Red Berries from Vendée</b> Red berry tartlet, tangy jelly, vanilla mousseline, and strawberry sorbet	12 €
<b>The Cappuccino</b> Creamy Arabica coffee bavarois, chocolate ice parfait, and milk foam	12 €
<b>Apricot &amp; Vanilla</b> Spherical light mousse with organic Madagascar vanilla, apricot insert, and almond shortbread	12 €

## MENUS

### DAILY MENU 37 €

Menu inspired by the chef, to be discovered on site

### « PLAISIR » MENU 49 €

<b>The Local Mussels</b> Mussels with fresh herbs, light saffron cream, and roasted hazelnut tiles	
<b>The Foie Gras from Maison Soulard</b> Half-cooked like a lemon confit gravlax, Granny Smith bubble, and focaccia with black garlic	
<b>The Lean Fish from our Coasts</b> Grilled lean fish fillet, gazpacho foam, and samphire condiment	
<b>The French Veal</b> Veal ribeye cooked at low temperature then seared, morel cream	
<b>The All Chocolate from Maison Cluizel</b> Cocoa Joconde biscuit, creamy 64% chocolate, milk and wild pepper whipped ganache	
<b>Apricot &amp; Vanilla</b> Spherical light mousse with organic Madagascar vanilla, apricot insert, and almond shortbread	

**For the sake of our planet and your well-being,  
we strive to work with local producers and prioritize fresh and organic products.  
Therefore, some of them may be unavailable on the menu.**

**All dishes and desserts are entirely prepared on site, with raw products ;  
they are cooked when you order.  
Thank you for your trust and your patience ...**

*We would like to thank our local suppliers. We work with them every day to keep a good quality of delivered products  
; for the fish : David of « Bergeac » ; Seafood : Julien of « Vendée Crustacés »,  
meats : Stéphane of « Anjou Vendée Viandes », fruits and vegetables : Olivier of « Les Jardins de Saint Hilaire »,  
bread : Frédéric of « la Toque et la Saveur ».*